





Start as slowly and carefully as possible!

Step gently on the accelerator! If you step on the accelerator heavily when you start your car in winter, the wheels may spin and your car may slide and cause an accident.

Sudden braking and aggressive steering are very dangerous!

If you slow down suddenly or change lanes on a snow-covered slippery road, you risk losing control of your car. Give yourself plenty of time to react appropriately in such conditions.

Brake as early and carefully as possible!

On a snow-covered road, your car may not stop in the way it normally would. When you brake suddenly, your car may swerve from side to side, or spin around.

Avoid head-on collisions! Falling asleep behind the wheel may lead to death. Take a short nap to refresh yourself before continuing your journey.

Take a break every two hours!

On a smooth road, you will feel sleepy in two-hour cycles.

If you start yawning, look for somewhere to take a break!

Roadside stations (Michi-no-eki), convenience stores, or parking areas are perfect locations to take a nap.

After taking a nap, do a little light exercise!

If your mind and body are not fully awake, you may feel sleepy again right after restarting your journey.

The General Insurance Association of Japan Hokkaido Government

Hokkaido Prefectural Police The Union of Rent-Car Associations of Hokkaido Area

when driving in the following situations, be very careful of sliding accidents!





Roads near intersections are very slippery. Slow down to the point where you can stop at any moment.

As your car may slide on gentle downhills and corners, slow down well short of these locations.



As bridges get chilled from above and below when it gets cold, the road surface may be frozen.





Even if the sunny side of the road is dry, the shady side may be frozen.

Seemingly wet roads may actually be covered in "Black Ice". Cars are far more likely to slide in such conditions.